

ROLE DESCRIPTION

Role	Trustee (Mentoring & Supervision Lead)
Reports To	Chair of Trustees and Board of Trustees
Works With	Vice Chair, Trustees, Chief Executive Officer, Head of Delivery, Core Team
Duration	Initial 3-year term
Commitment	• Six board meetings per year (2 hours each, in person with hybrid option) plus preparatory reading ahead of meetings, • Annual strategy session • Occasional event engagements.
Compensation	Voluntary (reasonable expenses paid)

MAIN PURPOSE AND SCOPE OF THE ROLE

Lifespace Trust has been supporting the wellbeing and mental health of young people (7 to 19) across South Warwickshire since 2004 and we're committed to putting young people and their voices at the heart of everything what we do.

We have ambitions to support more children and young people; expanding our range of services based on robust evidence-based outcome measures and developed in conjunction with young people. We are seeking a Trustee to take on the vacant Mentoring and Supervision Lead role, bringing demonstrable experience of therapeutic practice such as mentoring, counselling, psychotherapy or other talking therapies.

The Mentoring and Supervision Lead will support the CEO and Head of Delivery to help maintain Lifespace's high standards of practice, including our Theories of Change, Framework of Good Practice and risk assessments as well as our mentoring and supervision practice. This is a strategic role, not an operational post, but it requires enough professional insight to offer informed challenge, guidance and assurance to the Board.

DUTIES AND KEY RESPONSIBILITIES

- Provide informed trustee oversight of Lifespace's mentoring and supervision practice, drawing on relevant therapeutic experience.
- Work with the CEO and Head of Delivery to periodically review and strengthen key practice documents, including our Theories of Change, Framework of Good Practice, risk assessments and mentoring and supervision arrangements.
- Support assurance that Lifespace's mentoring offer remains safe, ethical, youth-led, trauma-informed and aligned with our values.
- Offer constructive challenge and guidance to the Board on matters relating to mentoring quality, supervision, safeguarding and practitioner wellbeing.
- Act as a thoughtful sounding board for the CEO and Head of Delivery, while respecting the distinction between governance, assurance and operational management.

GENERAL RESPONSIBILITIES

- Act in the best interests of Lifespace Trust and its charitable purpose, ensuring the charity remains focused on its mission, vision and values.
- Contribute to effective governance by preparing for, attending and actively participating in Board meetings and relevant discussions.
- Work collectively with other Trustees to set strategic direction, monitor progress and support the long-term sustainability of the charity.
- Provide appropriate oversight of finance, risk and resources, ensuring decisions are financially responsible and aligned with Lifespace's charitable objectives.
- Support the CEO and wider team through constructive challenge, encouragement and clear accountability, while respecting the boundaries between governance and day-to-day management.
- Promote safeguarding, inclusion and good practice across the charity, ensuring young people's wellbeing and voices remain central to decision-making.
- To uphold the Lifespace Values:
 - **Inclusive** - We promise to treat people fairly and with respect.
 - **YOUth-led** - Young people are at the heart of everything we do.
 - **Trustworthy** - We create and nurture supportive, safe and non-judgmental spaces.
 - **Ambitious** - We do our very best for each young person we support and all young people in our community.
 - **Approachable** - We're open, warm and here for young people when they need us.
 - **Collaborative** - We choose to work in partnership with organisations that share our values so that we can make a bigger difference.
- Undertake any other reasonable trustee duties as agreed with the Chair and Board.

PERSON SPECIFICATION

Essential:

- Demonstrable experience of working in a therapeutic role, such as mentoring, counselling, psychotherapy or another talking therapy.
- Strong understanding of safe, ethical and boundaried practice when supporting children, young people or vulnerable people.
- Ability to provide strategic oversight, informed challenge and supportive guidance without stepping into day-to-day operational management.
- Commitment to Lifespace's mission, values, safeguarding responsibilities and youth-led approach.

Desirable:

- Experience of supervision, reflective practice or supporting practitioners who work with children and young people.
- Experience in youth work, education, mental health, counselling, psychotherapy or mentoring services.
- Prior trustee or board experience, or a willingness to develop governance knowledge.

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